# California Association of Health Plans

# **About Us**

### Who We Are

he California Association of Health Plans (CAHP) is a statewide trade association representing 47 full-service health care plans that provide coverage to more than 26 million Californians.



CAHP works to sustain a strong environment in which our member plans provide access to products that offer choice and flexibility to the Californians they serve. Most of our member plans provide coverage to Californians through the individual and group markets. Many of our member plans partner with the state by participating in government programs that provide health coverage to children, adults, and seniors.



# **Diversity of Health Plans**

California's health plans provide comprehensive coverage to 26 million Californians through HMOs and PPOs, commercial for-profit and not-for-profit health plans, public plans including county organized health systems and local initiatives, regional plans, and fully integrated health systems.

## CAHP's 47 Members Offer Coverage Through

Small Businesses

**Medi-Cal Managed Care** 

**Individual/Family Coverage** 

Large Employers

**Covered California** 

**Medicare Advantage** 



## **Public Programs**

Over the past decade, policymakers in California have increasingly relied on health plans to provide coverage for low-income Californians enrolled in Medi-Cal and other public programs. Because of the fixed payment rates, the state can better control costs

and maintain budget predictability through Medi-Cal Managed Care.

The Affordable Care Act expanded eligibility for Medi-Cal, which currently covers one in three Californians. Roughly 80 percent of beneficiaries are enrolled in a managed care health plan, and this share will continue to increase as more populations, such as those eligible for both Medi-Cal and Medicare ("dual eligibles"), transition to managed care.

Many of CAHP's members offer coverage through Medicare Advantage (MA), an alternative to traditional Medicare that gives eligible beneficiaries the option to enroll in a private health plan.

### **CAHP Membership**



### ALL

Medi-Cal Managed Care Plans

# ARE MEMBERS OF CAHP





## Estimated Medi-Cal Enrollment



Source: Department of Health Care Services. June 2018.

Medicare Enrollment	Medicare Advantage	Medicare Fee-for-Service
California	40%	60%
National Average	33%	67%

Source: Kaiser Family Foundation, June 2017.

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#### **HEALTH PLAN MEMBERS**

- ► Adventist Health Plan
- ► Aetna Health of California, Inc.
- ► AIDS Healthcare Foundation
- ► Alameda Alliance for Health
- ► Alignment Health Plan
- ► AmericasHealth Plan
- ► Anthem Blue Cross
- ► Aspire Health Plan
- ► Blue Shield of California
- ► CalOptima
- ► CalViva Health
- ► Care1st Health Plan
- ► CenCal Health
- ► Central California Alliance for Health
- ► Central Health Plan of California
- ► Chinese Community Health Plan
- ► Cigna Healthcare of California, Inc.
- ► Community Care Health Plan
- ► Community Health Group
- ► Contra Costa Health Plan
- ► Easy Choice, A WellCare Company
- ► Gold Coast Health Plan
- ► Health Net of California
- ► Health Plan of San Joaquin

- ► Health Plan of San Mateo
- ► Heritage Provider Network
- ► Inland Empire Health Plan
- ► Inter Valley Health Plan
- ► Kaiser Permanente
- ► Kern Family Health Care
- ► L.A. Care Health Plan
- ► Molina Healthcare of California
- ► Monarch Health Plan, Inc.
- ► Oscar Health Plan of California
- ► On Lok Lifeways
- ► Partnership HealthPlan of California
- ► San Francisco Health Plan
- ► Santa Clara Family Health Plan
- ► SCAN Health Plan
- ► Seaside Health Plan
- ► Sharp Health Plan
- ► SIMNSA Health Plan
- ► Sutter Health Plus
- ► UnitedHealthcare of California
- ► Valley Health Plan

The Value of Managed Care:
QUALITY CARE AT LOWER COST.

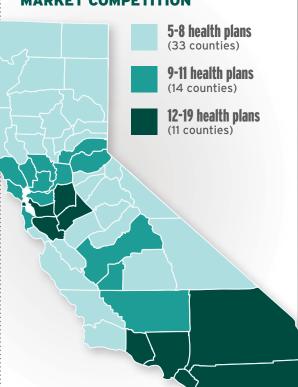
Unlike the fragmented fee-for-service system of healthcare delivery – which pays doctors based on quantity rather than quality of care provided – managed care provides comprehensive, coordinated

- ► Ventura County Health Care Plan
- ► Western Health Advantage

# Health Plans Offer Consumers Choice

anaged care is available in all markets and in all 58 counties in California. Even in the most rural areas, California health plans provide state-of-the-art technology and practices to ensure access, such as telehealth services. This technology has the potential to make it easier and more convenient for people to access quality care. California's health plans offer physician and hospital networks to ensure all members have access to high quality medical care.

# CALIFORNIA ENJOYS HEALTHY MARKET COMPETITION



# **Benefits of Managed Care**

care at lower cost.

Health plans are subject to the Knox-Keene Health Care Service Plan Act of 1975 and are regulated by the Department of Managed Health Care. The DMHC oversees 95 percent of enrollment in California.



#### **Improved Access to Care**

- → Guaranteed Access to a Network of Providers
- → Timely Appointments and 24/7 Advice Lines
- → Language Assistance

#### **Care Coordination**

- → Patient-Centered Medical Homes
- → Prevention and Wellness Programs
- → Innovations in Chronic Care and Disease Management

#### **Quality Assurance**

- → Evidence-Based Medicine
- → Pay-for-Performance
- → Federal Standards for Quality Measurement

#### **Cost Savings**

- → Free Preventive Services such as Check-Ups and Immunizations
- → Fixed Monthly Premiums and Out-of-Pocket Costs

### **Covered California:**

1-7 choices in each of 19 pricing regions

Medi-Cal Managed Care:

1-7 choices in each of 58 counties

